

### Transcript Details

This is a transcript of an educational program. Details about the program and additional media formats for the program are accessible by visiting: <https://reachmd.com/clinical-practice/dermatology/skin-boosting-techniques-the-why-and-how/10759/>

### ReachMD

www.reachmd.com  
info@reachmd.com  
(866) 423-7849

---

### Skin-Boosting Techniques: The Why and How

#### Narrator:

Aging leads to decreased levels of hyaluronic acid, or HA, in the skin matrix, resulting in decreased moisture and firmness, thinner skin, and the appearance of wrinkles.

“Skin boosting” is a technique that uses a non-animal origin stabilized HA, termed NASHA®, to rejuvenate skin appearance.

A number of injection techniques can be utilized. One is microinjection of Stabilized hyaluronic acid into the deep dermis in 10 microliter aliquots using a short linear technique.

Another is microinjection using a linear single puncture technique. Again, 10 microliter aliquots of Stabilized hyaluronic acid are deposited into the deep dermis, one aliquot per needle stick.

Aliquots using each technique are about 1 cm apart.

Deposition of NASHA decreases trans-epidermal water loss, and improves skin hydration, elasticity and roughness, without adding volume.

Improvements in skin health can last 6 months or more, longer than the Stabilized hyaluronic acid remains in the skin.

For skin boosting, a unique small particle sized, stabilized, linked HA provides optimal outcomes.

HA molecules are stabilized with synthetic crosslinks so they are more resistant to degradation.

The small number of synthetic crosslinks help to preserve natural crosslinks and the natural entangled lattice of HA.

The result is rejuvenated, healthier looking skin.